

Being Catholic

What does being a Catholic look like everyday?



Being Catholic is:

- Being Catholic means being _____ to everything.
- Being Catholic means we value _____, we are all precious and valuable no matter if we are girls or boys, regardless of our age, our colour, our religion.
- Being Catholic mean that through our connection with God we are more genuinely connected to ourselves and others.
- Being Catholic mean that we are guided in our everyday lives to live more _____ as hopeful, merciful loving people.
- Being Catholic means that we are part of a world wide _____.
- Being Catholic means that we strive to support people who are needy and vulnerable.
- Being Catholic encourages us to be the most authentic version of ourselves possible.
- Being Catholic means we take seriously our care of the _____ and of all her gifts and resources.
- Being Catholic means we are never doing this on our _____.
- Being Catholic means we have faith in God, in Jesus and in the Spirit.

COMPLETE THESE STATEMENTS USING THESE WORDS:

earth, connected, own, everyone, authentically, family



Dinner Activity:

Go round the table and mention one quality of each other that reflects God.



Challenge:

God asks us to use our gifts to help others and make this world a better place. What is one thing can you do this week?



Activity:

Put a daffodil in coloured water and watch how it changes over the week. We can also change if we let God into our hearts.

As Catholics we try to have hearts like Jesus.

When we are Baptised we choose to grow our hearts to be more like Jesus.

Around the heart write words that are part of our lives that are **not** what God wants for us.

On the **inside** write words that show how Jesus wants us to live.



Here are some suggestions:

Selfish, Creative, Loving, Negative, Friendly, Greedy, Care-less, Hopeful, Hurtful, Dishonest, Mean, Honest, Giving, Unique, Patient, Loyal, Compassionate, Joyful, Grumpy, Self-centered, Kind, Caring, Helpful, Positive

Saints:



Mother Theresa, Saint Teresa of Calcutta (1910-1997) was a Roman Catholic nun who spent her life serving and caring for poor people around the world. She spent many years in India in a place called Calcutta where she started a religious community called the Missionaries of Charity who help people in need.



PRAYER TOGETHER:

This week as you are going to school, or work together. Take turns to name the things that you see around you that you are thankful for.

Everything we have is gift from God, and by being able to appreciate these gifts, it helps us to see God present in everything. If you start and finish each day being thankful for gifts it's amazing how much more you come to appreciate them.

e.g. Today I am thankful for clean water, that I use to wash, to drink and to play in.

